



McKinnon Shield #4
+ Secondary Schools Competition #4

Saturday 23rd November 2024

Mt Smart Stadium #2 Arena

FINAL PROGRAMME

TRACK			FIELD		
2:00pm	200m Hurdles	Women			
2:05pm	200m Hurdles	Men			
2:15pm	300m Hurdles	Women	2:15pm	High Jump	Women & Men
2:20pm	300m Hurdles 0.762m	Men	2:15pm	Javelin	Women & Men
2:30pm	300m Hurdles 0.838m	Men			
2:45pm	100m	Women			
3:00pm	100m	Men			
3:25pm	800m	Women			
3:35pm	800m	Men			
4:00pm	200m	Women	3:45pm	Long Jump	Women
4:15pm	200m	Men	3:45pm	Hammer	Women & Men
4:45pm	2000m/3000m Walk	Women and Men	4:45pm	Long Jump	Men
			4:45pm	Weight Throw	Masters Women
5:15pm	3000m	Women			Masters Men
5:30pm	3000m	Men			

*Age is at 31st December 2024