

Grade 12/13yr Challenge Day 2025

March 1st 2025

CNW Team

First Name _____ Surname _____

Address _____

Home Phone _____ Mobile 1 _____

Mobile 2 _____

Email 1 _____ Email 2 _____

Club _____ Registration Number _____

Age _____ Male / Female (circle one) School Year _____

Events that I do or are interested in:

60m 100m 300m 1500m 200m Hurdles Sprint Hurdles

1200m walk Shot put Discus High Jump Long Jump Triple Jump

You must do three (3) individual events. One must be track one must be field and one other.

Athletes are expected to abide by all team management decisions to, during, and after the event. Failure to do so may mean not being selected again.

You must be involved in some sort of training throughout the season, and compete at junior events and junior championship events during the season.

The team management may change your events if they think it is in the best interest of the team. Any monies will be paid on the deadline set down by the team management.

Training Information _____

Athlete Signature _____

Parent / Guardian Signature _____

Please return via email to rach.keereweer@gmail.com or at the CNW training days.