

Sunday 23 February 2025 Mt Smart Stadium #2 Arena

## **DRAFT PROGRAMME**

## The programme is dependent on entry numbers

A final programme will be loaded to our website Friday evening

	TRACK			FIELD	
4.30pm	200m Hurdles		4.30 pm	High Jump	Women
	300m Hurdles				Men
	400m Hurdles				
			4.30pm	Hammer	Women
					Men
5.00pm	800m	Women			
	800m	Men			
5.30pm	100m	Women			
	100m	Men			
			5.45 pm	Long Jump	Women
6.00pm	3000m	Women			Men
		Men			
			5.45pm	Javelin	Women
6.30pm	400m	Women			Men
	400m	Men			

\*minimum age to compete: 12 years as at 31st December 2025