# **Interested in Coaching?**

# Why Coach?

Coaches play an important role in New Zealand's sporting life. Coaching is a good way to express your passion for the sport of Athletics and enrich the lives of New Zealand youth.

It is exciting and satisfying and will assist you in staying actively involved in the sport.

# How do I get started?

- 1: Talk to a club or school in your area that may support you as a Coach.
- 2: Perhaps another way to get started is to work with another Coach who is keen for an assistant.

#### What do I need to know to become a Coach?

1: Complete an introductory course by your local Regional Sport Trust. They provide the following: Good Sport modules: (optional)

Coach Emerge (generally in club) and Coach Evolve (generic sport code course) through Sport Auckland, Sport Waitakere, Harbour Sport or CLM Community sport.

2: Contact Athletics Auckland or Athletics NZ for opportunities to learn the fundamental programmes which lead into the specific Athletic events.

# Register as a Community Coach with Athletics NZ.

- 1: Go online to the Athletics NZ website and register as a Community coach. Go to Club Athletics/Get Involved/Coaching, Officials & Volunteers. Scroll down to second tier of information on Coaching. Click into the Community Coach section. At the bottom of this information click into the registration portal to sigh up (note that police vetting is done by Athletics NZ). Once you have completed this process, you will be asked to complete a World Athletics Safeguarding module (this will take 60 minutes plus).
- 2: Verify your identification: After registering online, you will be asked to present two forms of identification to the Athletics Auckland office.

Athletics Auckland provides a Coaching pathway which you can strive to reach a level you desire. Refer to the Athletics Auckland coaching page for opportunities to learn more.

For any questions, please contact Neil Bartlett – Coach Development manager on development@athleticsauckland.co.nz