



Athletics Auckland Coach Education Courses - Info and Registration: September - October 2025

Date: Sunday 14 September: CAD Level 1 – Sprints-Hurdles and Long and Triple jump workshop

- Time:** 12.00pm to 3.00pm
- Venue:** Trust Arena, Henderson (Waitakere City club)
- Event content:** For Coaches to learn the skills required to develop your Under 18 grade athletes.
- Details:** Acquire skills to build proper technique: 12.00pm – 1.30pm: Sprints and Hurdles
1.30pm – 3.00pm: Long and Triple jump.
- Registration:** Online via the Athletics NZ “Game Day” portal. Go to Athletics NZ website, place cursor over Club Athletics and then Get Involved. Click into Coaching, Officials and Volunteers then scroll down to the Coaching section. Click into Coach Dev. & Education then click into Upcoming Coaching courses. The Register here button will be available for you to sign up.

Date: Sunday 28 September: CAD Level 1 – Sprints-Hurdles and Long and Triple jump workshop

- Time:** 9.00am to 12.00pm
- Venue:** Lloyd Elsmore Park, Pakuranga
- Event content:** For Coaches to learn the skills required to develop your Under 18 grade athletes.
- Details:** Acquire skills to build proper technique: 9.00am – 10.30am: Sprints and Hurdles
10.30am – 12.00pm: Long and Triple jump.
- Registration:** As for Sunday 14 September course.

Date: Saturday and Sunday 4-5 October: Athlete Coach Educator (ACE) course

- Time:** Saturday 4 October: 9.00am to 4.00pm Sunday 5 Oct: 9.00am to 1.00pm
- Venue:** Mt Smart # 2 Arena, 51 O’Rorke Road, Penrose
- Event content:** For existing Coaches to learn the skills to “Coach the Coaches” for CAD Level 1
- Details:** Acquire the skills on how to facilitate learning to new coaches in the Auckland region.
- Registration:** As for Sunday 14 September course.

Date: Sunday 12 October: Javelin-Discus and Sprints-Hurdles workshop

Time: 9.00am to 12.00pm

Venue: Mt Smart no: 2 Arena, 51 O’rorke road, Penrose

Event content: For Coaches to learn the skills required to develop your Under 18 grade athletes.

Details: Acquire skills to build proper technique: 9.00am – 10.30am Javelin and Discus 10.30am to 12.00pm Sprints and Hurdles

Registration: As for Sunday 14 September course

Date: Sunday 12 October: Foundation course (GSG and RJT)

Time: 9.30am to 11.00am

Venue: Trust Arena, Henderson (Waitakere City club)

Event content: For Parents, Coaches and Teenage athlete Coaches to learn the skills to interact with our young athletes under 12 years of age.

Details: Acquire skills to teach GSG to under 7’s and RJT to under 12’s.

Registration: As for Sunday 14 September course

Date: Sunday 19 October: Foundation course (GSG and RJT)

Time: 9.30am to 11.00am

Venue: Onewa Domain, Takapuna

Event content: For Parents, Coaches and Teenage Athlete Coaches to learn the skills to interact with our young athletes under 12 years of age.

Details: Acquire skills to teach GSG to under 7’s and RJT to under 12’s.

Registration: As for Sunday 14 September course

Date: Sunday 26 October: Foundation course (GSG and RJT)

Time: 9.30am to 11.00am

Venue: Lloyd Elsmore park, Pakuranga

Event content: For Parents, Coaches and teenage athlete Coaches to learn the skills to interact with our young athletes under 12 years of age.

Details: Acquire skills to teach GSG to under 7’s and RJT to under 12’s.

Registration: As for Sunday 14 September course

If you have any questions, please contact Neil Bartlett at the following email address:
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