



McKinnon Shield #4
+ Secondary Schools Competition #4

Saturday 22nd November 2025

Mt Smart Stadium #2 Arena

FINAL PROGRAMME

TRACK			FIELD		
2:00pm	200m Hurdles	Women	2:00pm	High Jump	Women & Men
2:05pm	300m Hurdles	Women	2:00pm	Javelin	Women & Men
2:10pm	300m Hurdles 0.762m	Men			
2:15pm	400m Hurdles	Women			
2:25pm	300m Hurdles 0.838m	Men			
2:40pm	100m	Women			
2:55pm	100m	Men			
3:20pm	800m	Women			
3:40pm	800m	Men	3:45pm	Long Jump	Women
			3:45pm	Hammer	Women & Men
4:10pm	200m	Women			
4:30pm	200m	Men			
4:55pm	2000m/3000m Walk	Women and Men			
			5:15pm	Long Jump	Men
5:20pm	3000m	Women	5:15pm	Weight Throw	Masters Men
5:35pm	3000m	Men			

*Age is at 31st December 2025