



## McKinnon Shield #5

Saturday 29th November 2025

Mt Smart Stadium #2 Arena

### FINAL PROGRAM & TIMES

TRACK			FIELD		
5:00pm	110m Hurdles	Men	5:00pm	Pole Vault - Group A	
5:10pm	100m Hurdles	Women and Men	5:00pm	Shot Put	Men
5:20pm	80m Hurdles	Women	5:00pm	Discus	Women
5:30pm	80m Hurdles	Women U14			
5:45pm	60m	Women			
6:00pm	60m	Men	6:00pm	Shot Put	Women
			6:00pm	Discus	Men
6:30pm	100m	Women			
6:45pm	100m	Men	6:30pm	Pole Vault - Group B	
7:15pm	1500m	Women			
7:25pm	1500m	Men			
			7:30pm	Triple Jump	Women
7:45pm	4 x 100m Relay	Women		Triple Jump	Men
7:50pm	4 x 100m Relay	Men			
8:00pm	400m	Women			
8:10pm	400m	Men			
8:30pm	Steeplechase 0.762m	Women and Men			
8:45pm	Steeplechase 0.838m	Men			
9:00pm	Steeplechase 0.914m	Men			

\*Age is at 31st December 2025