



## **Grade 12-13yr Challenge Day 2026**

**Preview** – This season Counties Manukau Athletics will be hosting the grade 12-13yr Challenge Day competition at Massey Park, Papakura on Saturday January 31<sup>st</sup> 2026. The Challenge Day competition is between teams from the Waikato & Bay of Plenty centre and the two Auckland centre cluster groups Counties Manukau and CNW.

This event is an individual and team-based competition and the athletes will need to compete in three individual events on the competition day. The athlete's results are entered into the 5 Star athletics scoring charts and the athletes receive a certificate at prize giving with their total points across their individual events determining which 5 Star level of certificate they achieve.

At the completion of the competition there will be dinner for the athletes as well as a prize giving where the individual and team awards are presented to the athletes and teams.

The team awards are based on a combined total of the individual awards for each team.

**Who is this event for** - This event is for any registered Grade 12/ 13yr athletes in the Auckland Centre. Note - the junior rules apply in that this event is for athletes who are aged 12/13yr on Dec 31<sup>st</sup> 2025.

**Date of competition** – Saturday 31<sup>st</sup> January 2026

**Venue** - Massey Park, Papakura.

**Start / Finish times** – 9.30am – 5.30pm

**Events** - Individual - 60m, 100m, 300m, 1500m, 200m hurdles, sprint hurdles, 1200m RW, Shot-put, Discus, Long Jump, High Jump and triple jump.

Relays – 4x100m, 1000m sprint medley.

The athletes will be able to enter 3 individual events. This can either be 2 track and 1 field event or 2 field events and 1 track event. Athletes will also be involved in 1 relay team.

**Event Cost** – TBA

**Team selection/training days** - The teams will have a selection process and entry forms available for the athletes to complete and submit. Athletes need to contact their respective cluster team for entry forms. Athletes will need to enter personal best's (PB) for each of their individual events on the entry forms. These PB's can come from events such as the Auckland Centre Go series, ribbon days, relay days McKinnon Shield events or club nights.

Note - the results are for event selection.

Athletes will need to be competing in athletic events and attending the training sessions during the season to help with their selection. The team announcement's will be on December 23<sup>rd</sup> 2025.

There will be training days across November and December to assist the athletes in preparing for the event before the team selection. There will also be training days during and after the Xmas holidays and before the competition day. Notification of these training days are generally by email or Facebook posts by the cluster teams.

Registration cut-off date is December 12<sup>th</sup>. For more information or for a team form you can contact each cluster team at -

CNW team contact – Rachel at rach.keereweer@gmail.com

Counties Manukau team contact - Terry at countiesmanukauathletics@gmail.com.