



**AAI McKinnon Shield #7**  
**including Millie Sampson and John Walker Miles**

Saturday 10th January 2026  
Mt Smart Stadium #2 Arena

**FINAL PROGRAMME**

TRACK			FIELD		
4:15pm	110m Hurdles	Men	4:00pm	Shot Put	Men
4:25pm	100m Hurdles	Women	4:00pm	Discus	Women
4:40pm	60m	Women			
4:50pm	60m	Men			
5:15pm	100m	Women	5:30pm	Shot Put	Women
5:30pm	100m	Men	5:30pm	Discus	Men
6:05pm	1500m	Women			
6:20pm	1500m	Men			
6:45pm	Millie Sampson Mile	U23 Women			
	followed by presentation				
7:00pm	John Walker Mile	U20 Men	7:00pm	Triple Jump	Women
	followed by presentation			Triple Jump	Men
7:20pm	400m	Women	7:00pm	Hammer	Women
7:30pm	400m	Men		Hammer	Men
7:50pm	Steeplechase 0.762m	Women and Men			
8:05pm	Steeplechase 0.838m	Men			
8:20pm	200m	Women			
8:25pm	200m	Men			

Sunday 11th January 2026  
AUT Millennium

TRACK			FIELD		
			2:00pm	Pole Vault	Men
			4:00pm	Pole Vault	Women

\*minimum age to compete: 12 years as at 31st December 2026