



AAI McKinnon Shield #8

Saturday 17th January 2026

AUT Millennium

DRAFT PROGRAMME

The programme is dependent on entry numbers
A final programme will be loaded to our website Friday evening

TRACK			FIELD		
10.00am	200m Hurdles	Women and Men	10.00am	Shot Put	Women
	300m Hurdles	Women and Men	10.00am	High Jump	Women & Men
	400m Hurdles	Women and Men			
11.00am	100m	Women	11.00am	Shot Put	Men
	100m	Men			
11.30am	800m	Women	11.30am	Long Jump	Women
	800m	Men			
12.00pm	200m	Women	12.00pm	Javelin	Women & Men
	200m	Men			
			12.30pm	Long Jump	Men
12.30pm	2000m/3000m Walk	Women and Men			
1.00pm	3000m	Women	12.45pm	Weight Throw	Masters Women
	3000m	Men			Masters Men

*Age is at 31st December 2026