



AAI McKinnon Shield #8

Saturday 17th January 2026

AUT Millennium

DRAFT PROGRAMME

The programme is dependent on entry numbers

A final programme will be loaded to our website Friday evening

TRACK			FIELD		
10.00am	200m Hurdles	Women	10.00am	High Jump	Women
			10.00am	Long Jump	Men
10.10am	300m Hurdles	Women and Men	10.00am	Shot Put	Women
	400m Hurdles	Men			
10.30am	100m	Women	11.00am	Shot Put	Men
10.40am	100m	Men			
11.10am	800m	Women			
11.25am	800m	Men	11.30am	High Jump	Men
			11.30am	Long Jump	Women
11.45am	200m	Women			
11.55am	200m	Men	12.00pm	Javelin	Women & Men
12.15pm	3000m Walk	Women and Men			
12.35pm	3000m	Women			
12.50pm	3000m	Men	12.45pm	Weight Throw	Masters Women Masters Men

*Age is at 31st December 2026