



AAI Relay Festival

Saturday 31 January 2026
Mt Smart Stadium #2 Arena

FINAL PROGRAMME & TIMES

TRACK			FIELD		
2.00pm	4 x 100 metre Relay Mixed	W W M M	2.00pm	Long Jump	3 trials
3.00pm	Distance Relay Mixed 1200/400/800/1600	M W M W	3.00pm	Shot Put	3 trials
4.00pm	4 x 200 metre Relay Mixed	W W M M	4.00pm	Discus	3 trials
5.00pm	4 x 400 metre Relay Mixed	M W M W	5.00pm	High Jump	4 heights / 3 trials per height

Grades:

U16, U18, U20, Senior, Masters 35-49, Masters 50+

Teams:

Clubs, Composite, Schools

Track: 2 x female + 2 x male

Field: 3 x female or 3 x male

Implements:

As per Grade

*Age is at 31st December 2026