

Combined Events Championships

Women			Men		
	Day 1	Day 2		Day 1	Day 2
U14			U14		
Pentathlon	80m Hurdles (0.762m) High Jump Shot Put (3kg)	Javelin (500g) 600m	Octathlon	100m Long Jump Shot Put (4kg) 400m	80m Hurdles (0.762m) High Jump Javelin (600g) 1000m
U16			U16		
Pentathlon	80m Hurdles (0.762m) High Jump Shot Put (3kg)	Javelin (500g) 600m	Octathlon	100m Long Jump Shot Put (5kg) 400m	100m Hurdles (0.838m) High Jump Javelin (700g) 1000m
U18			U18		
Heptathlon	100m Hurdles (0.732m) High Jump Shot Put (3kg) 200m	Long Jump Javelin (500g) 800m	Decathlon	100m Long Jump Shot Put (5kg) High Jump 400m	110m Hurdles (0.914m) Discus (1.5kg) Pole Vault Javelin (700g) 1500m
U20			U20		
Heptathlon	100m Hurdles (0.838m) High Jump Shot Put (4kg) 200m	Long Jump Javelin (600g) 800m	Decathlon	100m Long Jump Shot Put (6kg) High Jump 400m	110m Hurdles (0.991m) Discus (1.75kg) Pole Vault Javelin (800g) 1500m
Senior			Senior		
Heptathlon	100m Hurdles (0.838m) High Jump Shot Put (4kg) 200m	Long Jump Javelin (600g) 800m	Decathlon	100m Long Jump Shot Put (7.26kg) High Jump 400m	110m Hurdles (1.067m) Discus (2kg) Pole Vault Javelin (800g) 1500m
Masters			Masters		
Pentathlon	100m Shot Put Long Jump Javelin 800m		Pentathlon	Long Jump Javelin 200m Discus 1500m	
	* specifications as per 5-year age grades			* specifications as per 5-year age grades	
Throws			Throws		
Pentathlon		Hammer Shot Put Discus Javelin Weight Throw	Pentathlon		Hammer Shot Put Discus Javelin Weight Throw
	* specifications as per 5-year age grades			* specifications as per 5-year age grades	