



Athletics Auckland Coach Education Courses- Info and Registration: Sept-Nov 2026

Foundation workshops:

Date: Sunday 13 Sept: Foundation workshop 1 – East and South Auckland

Time: 9.30am to 11.00am

Venue: Massey Park, Papakura

Event content: For Parents, Coaches and Teenage athlete coaches to learn the skills to interact with our young athletes under 12 years of age.

Details: Acquire skills to teach GSG to under 7's and RJT to under 12's.

Requirements: T.B.C.

Registration: Link to Athletics NZ Coach Education page to be provided.

Date: Sunday 20 Sept: Foundation workshop 2 – North Shore

Time: 9.30am to 11.00am

Venue: AUT Millennium, North Shore

Event content: For Parents, Coaches and Teenage athlete coaches to learn the skills to interact with our young athletes under 12 years of age.

Details: Acquire skills to teach GSG to under 7's and RJT to under 12's.

Requirements: T.B.C.

Registration: Link to Athletics NZ Coach Education page to be provided.

Date: Sunday 27 Sept: Foundation workshop 3 – Central and West Auckland

Time: 9.30am to 11.00am

Venue: Trust stadium, Henderson

Event content: For Parents, Coaches and Teenage athlete coaches to learn the skills to interact with our young athletes under 12 years of age.

Details: Acquire skills to teach GSG to under 7's and RJT to under 12's.

Requirements: T.B.C.

Registration: Link to Athletics NZ Coach Education page to be provided.

CAD Courses:

Date: Sunday 11 October: Level 1 Shot and Discus workshop

Time: 9.00am to 12.00pm

Venue: Mt Smart no: 2 Arena, 51 O’rorke road, Penrose

Event content: For Coaches to learn the skills required to develop your Under 18 grade athletes.

Details: Acquire skills to build good technique: 9.00am – 10.30am Shot. 10.30am to 12.00pm Discus.

Requirements: For Community Coaches who are currently registered as a member with Athletics NZ. Attendees will need to have been police vetted or is under way and completed the World Athletics “Introduction to Safeguarding” modules. The course fee will be \$15 per event. For non-member Coaches, the above “attendees” requirements apply. The course fee will be \$25 per event.

Registration: Link to Athletics NZ Coach Education page to be provided.

Date: Sunday 18 October: Level 1 Long and High Jump workshop

Time: 9.00am to 12.00pm

Venue: Mt Smart no: 2 Arena, 51 O’rorke road, Penrose

Event content: For Coaches to learn the skills required to develop your Under 18 grade athletes.

Details: Acquire skills to build good technique: 9.00am – 10.30am Long Jump. 10.30am – 12.00pm High Jump

Requirements: As per the Throws requirements as above.

Registration: Link to Athletics NZ Coach Education page to be provided.

Date: Sunday 1 November: Level 1 Sprints and Hurdles workshop

Time: 9.00am to 12.00pm

Venue: Mt Smart no: 2 Arena, 51 O’rorke road, Penrose

Event content: For Coaches to learn the skills required to develop your Under 18 grade athletes.

Details: Acquire skills to build good technique: 9.00am – 10.30am Sprints. 10.30am – 12.00pm Hurdles

Requirements: As per the Throws requirements as above.

Registration: Link to Athletics NZ Coach Education page to be provided.

Date: Sunday 8 November: Level 1 Sprints and Middle Distance workshop

Time: 9.00am to 12.00pm

Venue: Mt Smart no: 2 Arena, 51 O’rorke road, Penrose

Event content: For Coaches to learn the skills required to develop your Under 18 grade athletes.

Details: Acquire skills to build good technique: 9.00am – 10.30am Sprints 10.30am – 12.00pm Middle Distance

Requirements: As per the Throws requirements as above.

Registration: Link to Athletics NZ Coach Education page to be provided.

If you have any questions, please contact Neil Bartlett at the following email address:

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